

HELP FOR PARENTS!



If you think your child is using alcohol, tobacco, or other drugs, what can you do? Where can you turn? You must take action because teenage drug use rarely stops on its own. PRIDE-Omaha, Inc. has information regarding drugs and how to prevent drug use. Many other organizations can also offer assistance. The following are some direct sources of help for parents:

GIRLS AND BOYS TOWN NATIONAL HOTLINE ~ 1-800-448-3000

Talk to someone who understands at the Girls and Boys Town National Hotline. Available 24 hours every day. Order free booklets and a video catalogue.

TOUGHLOVE ~ 1-800-333-1069

Support group for parents troubled by their children's behavior. Toughlove uses a self-help approach to deal with family crisis. E-mail webmaster@toughlove.org.

LOCAL LAW ENFORCEMENT OFFICIALS ~ 911

If your child is a danger to himself or others, call your local law enforcement agency for assistance.

AL-ANON and ALATEEN

Al-Anon is a support group for family and friends of anyone who is in trouble because of alcohol or other drugs. Alateen is a group just for teenagers who are troubled by someone else's use of alcohol or other drugs. In Omaha, Nebraska, call 402-553-5033 for meeting times and more information.

DRUG TREATMENT CENTER INFORMATION

For a list of current drug treatment centers in the Omaha area, call PRIDE-Omaha, Inc., at 402-397-3309. For a list of drug treatment centers in any state, call 1-800-662-4357, Monday through Friday, 8 a.m. to 5 p.m., Central Time. Ask for "Treatment Options in Your State."