

Environmental Strategies to Encourage Safe, Healthy, Drug-Free Lifestyles:

- Know the facts about alcohol, tobacco, and other drugs especially as they affect adolescents.
- Be a good role model.
- Write a letter to the editor of your newspaper or a magazine supporting drug-free kids.
- Check to make certain that your schools have curricula with “no use” messages regarding children and psychoactive drugs, and that they recognize that all children are at risk to use drugs.
- Check with your schools to make certain that they have policies that protect children -- are all buildings, grounds, and vehicles smoke-free? Alcohol free? Are policies consistently enforced? Are star athletes included?
- Join with other parents to network and to supervise children’s activities -- Safe Homes.
- Join with others to advocate for drug-free youth -- challenging all pro-drug influences in the environment. Encourage others to join our environmental strategies.
- Report to law enforcement anyone who provides alcohol or tobacco to minors. (To report alcohol violations anonymously, call Nebraska 1-866-MUST-B-21).
- Report to law enforcement anyone who provides drugs or drug paraphernalia to anyone, any age.
- Attend Nebraska Liquor Control Commission hearings and speak up for alcohol-free youth.
- Challenge any marketing of alcohol, tobacco, other drugs or drug paraphernalia to children:
 - Conduct Operation Storefront
 - Support increased excise taxes on alcohol and tobacco
 - Challenge sales of marijuana hemp jewelry, clothing, or accessories
 - Support efforts to place all tobacco products behind counters; end slotting fees.
- Support good public policies that challenge environmental risk factors and support good protective factors for drug-free youth.